

Report for:	Formal Shadow Executive
Meeting Date:	28th January 2020

Title of Report:	All Age Mental Health and Wellbeing Strategy 2019 - 2022
Shadow Portfolio Holders	Angela Macpherson and Warren Whyte
Responsible Officer	Jane Bowie, Service Director Integrated Commissioning
Report Author Officer Contact:	Jack Workman, Specialist Commissioning Manager Tel: 07917 213556 Email jworkman@buckscc.gov.uk
Recommendations:	<p>1. Members are asked to agree the All Age Mental Health Strategy</p> <p>Context:</p> <ol style="list-style-type: none"> 1. Consolidation of two previously separate strategies (ending 2019) – Adult Mental Health and Dementia 2. Incorporates key priorities set out in our Local Transformation Plan for Children and Young People’s Mental Health and Emotional Wellbeing (nationally required document) 3. Incorporates identified local priorities based on analysis of need and engagement work with Buckinghamshire services users, carers and stakeholders whilst acknowledging and referencing key national policy documents.
Corporate Implications:	<p><u>Unitary</u></p> <p>Statutory mental health services are jointly commissioned by the Council and the Clinical Commissioning Group. These joint arrangements will continue between the Unitary Authority and the Clinical Commissioning Group post vesting day, with contracts transferring to the new organisation.</p> <p>The All Age Mental Health Strategy presents a vision for mental health that applies across system partners, recognising that our collective response to mental health is delivered across a range of statutory and non- statutory organisations as well as within the voluntary and community sector. This is not impacted by the move to a new Unitary Council.</p>
Options: (If any)	1. Option to continue with the previous separate strategies. However, the all age approach set out in this strategy supports a more holistic and coordinated mechanism for addressing mental health.

	<p>2. Option to not publish a mental health strategy – the reputational risk to the Council is felt to be high due to the expectation that has been set through the preparatory engagement and consultation undertaken to date.</p>
<p>Reason:</p>	<p>In the past Buckinghamshire has published a number of separate strategies covering Mental Health; specifically the Buckinghamshire Adult Mental Health Strategy (2015-19) and the Buckinghamshire Dementia Strategy (2015-18). In addition to this, each year the Clinical Commissioning Group (CCG) produces an updated Local Transformation Plan for Children and Young People’s Mental Health and Emotional Wellbeing which is submitted to NHS England in line with national requirements.</p> <p>This All Age Mental Health Strategy for Buckinghamshire will replace the Adult Mental Health and Dementia Strategies, and reference the key priorities set out in our Local Transformation Plan. Alignment of these three documents signals a refreshed, all age approach designed to set out a clear vision for mental health in Buckinghamshire.</p> <p>The strategy reflects the expectations for mental health services as set out by the Government in documents such as the NHS Long Term Plan and the Five Year Forward View for Mental Health whilst also applying weight to issues that are key to the people of Buckinghamshire.</p>

1. Purpose of Report

To gain agreement for the All Age Mental Health and Wellbeing Strategy, which will:

- Align two previously separate strategies (Adult mental health and dementia) whilst incorporating the key priorities of our Local Transformation Plan, creating an all age approach.
- Communicate a single vision of how statutory bodies and partners will work together to address the mental health and wellbeing needs of the county
- Highlight the demographic needs of Buckinghamshire through data analysis and consultation and engagement.

2. Executive Summary

A significant number of people in Buckinghamshire are affected by mental health problems, either directly or indirectly. Each year, one in four of us will experience a mental health problem. A clear vision for addressing mental health in Buckinghamshire will support partners to work together to address need, build resilience within the community and ensure people can access the right support when needed.



The all age approach taken in the strategy recognises that mental ill health can have an impact at any point in an individual's life. It also recognises the importance of providing the right continuity of care and information as people access different services at different points in their life.

Mental health problems have an impact beyond those directly experiencing mental ill health. Parents, carers, siblings, wider family members and friends can be impacted and often provide significant levels of care and support. This strategy therefore considers the services and interventions that are needed to support those experiencing mental ill health as well as the information and support required for those who are indirectly impacted or supporting someone with a mental health condition.

The strategy will run for a 4 year period from 2019-22 and action plans will be refreshed annually

3. Financial Implications

The strategy sets out our local spend on statutory mental health services, and outlines some of the recent investment in mental health services as a result of the NHS Long Term Plan and the Five Year Forward View for Mental Health. However, the key purpose of the strategy is to set out a clear vision for mental health in Buckinghamshire and as such it does not have any separate resource implications or require any additional investment.

Having a shared vision for addressing mental health across Buckinghamshire will help us to ensure that resources across the system are targeted at addressing identified need and shared priorities.

4. Legal Implications

Some of the mental health services provided for children and adults in Buckinghamshire are statutory. However, mental health support is provided across a wide range of organisations in Buckinghamshire including the voluntary and community sector. The ambition set out in this strategy will support the delivery of coordinated services across system partners.

The strategy reflects the expectations for mental health services as set out by the Government in documents such as the NHS Long Term Plan and the Five Year Forward View for Mental Health.

5. Other Key Risks

None identified

6. Dependencies

- Learning Disability and Autism Strategy (both documents in progress)
- Carers Strategy (currently going through decision making)
- Better Lives Strategy
- NHS Long Term Plan



7. Consultation

The strategy has been developed over an 18 month period through engagement and consultation with people of all ages who have lived experience of mental health conditions. This included family members, parents and carers as well as staff working across a number of settings. In total, 200 people were involved through five workshops and two conferences. Children and young people were involved in the workshops and a specific workshop was also held for children and young people.

The following five themes run throughout the strategy and were developed through this engagement. As well as reflecting national requirement, the priorities under each theme have also been informed by what people told us.

- Inclusive and respectful
- Preventative and flexible
- Parity
- Promoting independence
- Holistic and person centred

There is a section in the strategy on consultation and engagement which summarises the activity that was undertaken and what people told us. Further detail is provided in the appendices to the strategy.

Draft versions of the strategy have been presented in the following meetings for further consultation:

- Mental Health Community Engagement Group
- Crisis Care Concordat
- Dementia Community Engagement Group

8. Communications Plan

Once approved, the strategy will be published and available to the public on the Council and Buckinghamshire Clinical Commissioning Group websites.

An easy read version of the strategy will be produced to ensure the information is accessible to the widest possible audience including those with learning disabilities.

9. Equalities Implications

Equality Impact Assessment (EIA) completed – submitted as part of board submission papers.

10. Data Implications

Not completed – the report does not contain personal identifiable information or have any implications in terms of the sharing of data.



11. Next Steps

Governance process already undertaken:

- Integrated Commissioning Executive Team (ICET) – 26/11/19
- CHASC Business Unit Board – 26/9/19
- Children’s Services briefing for lead member – 7/10/19
- CIG – 26/11/19
- Informal Shadow Exec – 17/12/19

Governance still required

- Shadow Exec – 28/1/2020 – final agreement and publication

Background Papers	None
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